

lachele

AESTHETICS & WELLNESS

EmFace Post Treatment Instructions

- Please speak to your provider if you are scheduled for or interested in any additional treatments for face, including but not limited to injectables, laser, microneedling, etc.
- There is no downtime with EmFace, but it is important to maintain a good skincare routine, with active ingredients, and protective qualities. Do not forget sunscreen! We recommend **Elta MD Sunscreens**, sold in our offices.
- The final results will be achieved 90 days after final treatment. Give your body time to build that muscle!

*It is recommended patients stay very consistent with an initial series of 4 treatments, each one week apart. Maintenance sessions are recommended every 1-2 months, which can help prolong results. Each decade of life, we add another maintenance session. For example 60 year olds need 6 maintenance sessions.

If you have any questions or concerns, please call our offices at (855)522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com